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3970. Proposed by Nermin Hodžić and Salem Malikić.

Let a, b, c be nonnegative real numbers such that $a + b + c = 3$. Prove that

$$\frac{1}{10a^3 + 9} + \frac{1}{10b^3 + 9} + \frac{1}{10c^3 + 9} \geq \frac{3}{19}.$$

Solution by Arkady Alt , San Jose ,California, USA.

★ First we will prove that for any $x, y \geq 0$ such that $x + y \geq \frac{3}{\sqrt[3]{5}}$ holds inequality

$$(1) \quad \frac{1}{10x^3 + 9} + \frac{1}{10y^3 + 9} \geq \frac{2}{10\left(\frac{x+y}{2}\right)^3 + 9}.$$

Let $p := x + y, q := xy$. Then

$$0 \leq q \leq p^2/4, (10x^3 + 9)(10y^3 + 9) = 100x^3y^3 + 90(x^3 + y^3) + 81 =$$

$100q^3 + 90p(p^2 - 3q) + 81 = 81 - 270pq + 90p^3 + 100q^3 \geq 81$ and, therefore,

$$\frac{1}{10x^3 + 9} + \frac{1}{10y^3 + 9} - \frac{2}{10\left(\frac{x+y}{2}\right)^3 + 9} = \frac{2(5p(p^2 - 3q) + 9)}{100q^3 + 90p(p^2 - 3q) + 81} - \frac{8}{5p^3 + 36} = \\ \frac{10(p^2 - 4q)(20q^2 + 5p^2q + 5p^4 - 27p)}{(5p^3 + 36)(81 - 270pq + 90p^3 + 100q^3)} \geq 0$$

because $20q^2 + 5p^2q + 5p^4 - 27p \geq p(5p^3 - 27) \geq 0$.

Assuming WLOG that $a + b \geq 2 > \frac{3}{\sqrt[3]{5}}$ and by replacing (x, y) in (1) with (a, b)

$$\text{we obtain } \frac{1}{10a^3 + 9} + \frac{1}{10b^3 + 9} \geq \frac{2}{10\left(\frac{a+b}{2}\right)^3 + 9} = \frac{8}{5(3-c)^3 + 36}.$$

$$\text{Therefore, } \sum \frac{1}{10a^3 + 9} - \frac{3}{19} \geq \frac{8}{5(3-c)^3 + 36} + \frac{1}{10c^3 + 9} - \frac{3}{19} =$$

$$\frac{30c(60c + 5c^3 + 36 - 35c^2)(c-1)^2}{19(10c^3 + 9)(5(3-c)^3 + 36)} \geq 0 \text{ because } 0 \leq c = 3 - a - b \leq 1$$

implies $c(60c + 5c^3 + 36 - 35c^2) \geq 0$.